

Auriol Junior School: Anti-Bullying Policy

Auriol Junior School gained the **SILVER Anti-Bullying Charter Mark** award in February 2017. This was **Awarded for Outstanding Anti-Bullying Practice**.



What is bullying?

Bullying is when someone is hurtful towards you on purpose, and it happens lots of times.

Bullying is different to **friendship issues**. Friendship issues may be when you have had a falling out with your friends, and you feel upset or hurt. Sometimes, when you have friendship issues, you can sort these out yourself, but sometimes you might want help from an adult to help you sort out any problems. This is different to bullying because **bullying is when someone is hurtful towards you, on purpose, lots of times.**

Bullying can include:



- Name calling
- Making up stories about other people
- Whispering about others



- Being mean persistently using a computer or phone (cyber bullying)



- Teasing
- Ignoring people or leaving them out
- Saying hurtful things - gossiping
- Laughing at a hurt or upset person



- Frightening people
- Stealing
- Forcing other children to join in bad behaviour
- Hurting people; including kicking, pinching, punching
- Making someone give their money when they don't want to



Making fun of someone for being different
Being mean to someone for prejudicial reasons



Making threats, saying you will hurt or do something mean
Dares – making someone do something they do not want to
Not letting someone get help
Other behaviour that makes someone feels unhappy

If you are being bullied, this could leave you feeling very unhappy at school. You may even have headaches, feel anxious or sick. You may not want to come to school or find it hard to concentrate and your work may not be as good as normal.

What can you do if you are being bullied?

- Try to stay calm.
- Be firm and clear and tell the person bullying you to stop.
- Remove yourself from the situation as soon as you can.
- Tell an adult straight away – if you are in school, this could be a teacher or teaching assistant, or someone who is outside at lunchtime. If you are somewhere else, then this could be your parents.
- Tell your parents when something has happened in school.
- Remember to use your bubble if you want to talk to your teacher.
- Keep telling the adult if it happens again.



What will happen?

- The adult will talk to you and find out what has happened.
- The adult will talk to the pupil who is bullying you and each incident will be investigated.
- Where necessary, a behaviour contract will be set up for both of you to agree what is acceptable and the ground rules, which you both will sign.
- The teacher will speak to your parents and the parents of the other person or people involved.
- If the bullying continues, the teacher may keep the pupil who is bullying in at break or lunch, the pupil may be kept apart from their class for a day or more, and may even be asked to stay out of school for longer

Teachers and adults promise that they will:

- Not ignore bullying
- Listen to all sides of a story and be fair
- Keep a note of any problems that happen
- Check that the bullying has stopped fully



Your parents:

Your parents are important in helping with bullying at school. We will ask your parents to let us know if they think you are being bullied and to talk to you all about how things are going at school. Remember - telling an adult it is the right thing to do.

Date approved by staff: Spring Term 1 2018

Date approved by the governing body: Spring Term 1 2018

Date to be reviewed: Spring Term 1 2019